

<b>FORCE</b>	<b>Description</b>	<b>Abbreviation</b>	<b>Conversions</b>
	Newton	N	1 N = 0.2248 lbf = 0.1020 kgf
	kilogram-force or kilogram ("force" is dropped & implied)	kgf or kg	1 kgf = 1 kg = 9.807 N = 2.204 lbf
	pound-force or pound	lbf or lb	1 lbf = 1 lb = 4.448 N = 0.4536 kgf
	thousand pounds	kip	1 kip = 1000 lbf
<b>MASS</b>	<b>Description</b>	<b>Abbreviation</b>	<b>Conversions</b>
	short ton	ton	1 ton = 2000 lb
	long ton	long ton	1 long ton = 2240 lb
	metric ton	ton, tonn or tonne	1 metric ton = 1000 kg
<b>TORQUE</b>	<b>Description</b>	<b>Abbreviation</b>	<b>Conversions</b>
	Newton-meter	N*m	1 N*m = 0.102 kg*m = 0.738 ft*lb
	kilogram-meter	kg*m	1 kg*m = 9.807
	foot-pound or pound-foot	ft*lb or lb*ft	1 ft*lb = 1 lb*ft = 1.356 N*m
	inch-pound or pound-inch	in*lb or lb*in	12 in*lb = 12 lb*in = 1 ft*lb